Dear parents and guardians,

As part of the Glen Katherine Camping Program, the Prep children will be having breakfast at school on October 22\textsuperscript{nd}. They will be required to be at school at 8.00 a.m. We are sure there are many willing parents who would love to help out, but we do not require help on this occasion.

The aim of the program is to develop independence and social skills. In past years the teachers have been astounded at the independence demonstrated by the children as well the amount they consume!!! The children will be putting spreads on their own toast and even washing and drying their own dishes. Yes, they can do it!!!!

\textit{We will attempt to take into account children with food allergies and intolerances.}

The breakfast menu:
- Vita Brits
- Corn Flakes
- Rice Bubbles
- milk
- toast (white, brown, multigrain)
- margarine
- jam (strawberry)
- vegemite
- apple Juice
- orange Juice
- fresh bananas, apples, oranges

Please contact the classroom teacher if your child has \textit{allergies or intolerances} to any of the above food to discuss alternatives for your child.

The cost of this activity has been paid as part of the Prep Bulkbilling

More information will be sent home at the start of term 4.

Regards,
Jenny Hopkin, Angela Totino, Jess Smith and Libby Downey