Glen Katherine
PRIMARY SCHOOL

5/6 Sport Information,
Guidelines & Code of Conduct
Purpose and Guidelines of Interschool Sport

PURPOSE
Inter-school Sport
The purpose is to provide students with the opportunity to develop sport specific skills and fitness through competing in major games and sports.

- To develop knowledge and the ability to effectively apply team work, strategy and tactics. (Game sense)
- To apply our school values RESPECT when participating and competing.
- To develop an understanding of sportsmanship, fair play and respect for officials, opponents and team mates.
- To understand the importance of working hard not only for yourself but the team to achieve a successful outcome.
- To have fun through participation.
- To want to become a lifelong participant in sport.
- To want to maintain a fit and healthy lifestyle.

GUIDELINES
Inter-school sport
Glen Katherine PS is one of 10 schools that participate in the Diamond Valley District Sport Association Inter – school Sporting competition.
The competition is held on Fridays on a weekly basis, commencing at 9.30am concluding at 10.45am.
The competition will be played on a home and away basis.
Summer competition is held in term 1 and 4. Winter competition in term 2 and 3.
Each season contains 14 weeks of home and away matches plus finals.
Summer Sports are rounders( girls only ), volleyball, bat tennis, basketball and cricket.
Winter Sports are Soccer, netball ( girls only ), football and softball.
Gr 5-6 students have the opportunity to participate in one winter sport and one summer sport throughout the season.
**Cost**

**Inter-school Sport**
The bulk billing charge of $140 covers

- 14 away bus trips throughout the season plus sport finals if involved
- School Sport Victoria registration.
- Hire of umpires
- Replacement sports uniform.
- Weekly CRT costs to fund replacement teachers.

**Selection process for ‘Dark Blues’ and Light Blues Sporting Teams:**

- At Glen Katherine all Grade 5-6 students will have the opportunity to be selected in an inter-school sporting team in both Summer and Winter seasons.
- Glen Katherine has 2 sporting teams for each sport – the Dark Blues and Light Blues teams.
- The “Darks” team is considered the more competitive of the two teams in which the best team possible will be selected.
- All Grade 6 students are expected to play inter-school sport and will be selected in either a Dark Blues or Light Blues team.
- Selection is determined from trials that are held in the preceding weeks (where possible) before the Summer and Winter seasons commence.
- Selection of students in either a Darks or Lights teams will be determined by the students interest, skill level, game sense (ability to contribute to the team), experience, fitness, team work and attitude.
- This selection will be made by that sport’s particular coach.
- Grade 5s can be selected in either a Lights or Darks team.
- After 2 matches are completed all squads, (“Darks”, Lights and ‘Intra’) should be set for the remainder of the season. This is a Diamond Valley Sports Association ruling.
- 1st choices where possible are given to grade 6 students, however there are times when 2nd or even 3rd choices have to allocated due to balancing squad numbers.
- Coaches will endeavour to give students a balanced amount of game time where possible across the season.
MATCH DAY GUIDELINES
- Teachers to supervise the return of sports equipment to sports shed.
- Students and staff to be at their sporting area at 8.50 am when a team – Darks or Lights is playing away to Laurimer, Plenty Valley, Hurstbridge or Yarrambat.
- NOTE – Teams playing away to Laurimer, Plenty valley, Hurstbridge or Yarrambat should be back on the bus by 10.35.
- Please fill out result book on staff room table.
- Students are to take their play lunch with them to sport.
- No students are to go into classrooms once they return from sport.
- Students not participating to go to Jills office.
- Mobile phone and first aid kit to be taken by away team coaches and football coach. Please take copy of permission notes with you on bus – office to provide.
- Please send attendance list for your team to the office each week by 9 am, earlier if special arrangements have been made when playing teams that are a distance away.
- Anafelatics – please sign out pens – check Leandas list to see whether you have any students in your team.
- Students must take sport tops off at end of sport and replace it with GK top.

MATCH DAY TIMETABLE
- 8.50 start if teams are playing away to Laurimer, Plenty Valley, Hurstbridge, Yarrambat. Away teams plus cricket/ football – assemble front of school.
- Home teams – go straight to area.
- 9.00 start if playing away anywhere else.
- 10.45 Sports conclude. Students to be supervised by sport coach (all equipment supervised in its return to the shed by teacher in charge of that sport).

FINALS
- During a finals match the coach will endeavor to give each child an opportunity to play, however the length of game time can vary according to the circumstances in the game.

TEAM NUMBERS - 189 GR 5-6 students projected in 2013

<table>
<thead>
<tr>
<th>SUMMER SPORT per team</th>
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</thead>
<tbody>
<tr>
<td>SPORT</td>
</tr>
<tr>
<td>Bat tennis</td>
</tr>
<tr>
<td>basketball</td>
</tr>
<tr>
<td>volleyball</td>
</tr>
<tr>
<td>cricket</td>
</tr>
<tr>
<td>rounders</td>
</tr>
<tr>
<td>total</td>
</tr>
</tbody>
</table>

WINTER SPORT per team
<table>
<thead>
<tr>
<th>SPORT</th>
<th>BOYS</th>
<th>GIRLS</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>soccer</td>
<td>14</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>softball</td>
<td>12</td>
<td>12</td>
<td>24</td>
</tr>
<tr>
<td>football</td>
<td>22</td>
<td></td>
<td>22</td>
</tr>
<tr>
<td>netball</td>
<td></td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>total</td>
<td>48</td>
<td>46</td>
<td>94 students per team by 2 teams equals 188 students required</td>
</tr>
</tbody>
</table>

**Coach Behaviour:**

- Be reasonable in your demands of young players’ time, and enthusiasm. Be positive and supportive.
- Teach that rules of sports are mutual agreements which no one should break.
- Aim to give ALL players a chance of success during practice sessions.
- Remember that children participate for fun and enjoyment and that winning is only part of their motivation.
- Ensure that equipment meets safety standards, and is suitable to that particular age group.
- Develop team respect for the ability of opponents as well as the judgment of officials and opposing coaches. Model and encourage positive sportsmanship.
- Follow the advice of a physician / parent when determining when an injured player is ready to recommence training or competition.
- Prepare children for intra / interschool competitions by first providing instruction in the basic sport skills.
- Aim to develop active participation for life attitude.
- Help children understand the fundamental differences between the junior sport they play and that of professional athletes. E.g. - disputing referees / umpire’s decision.
- Keep records of who has played throughout the season to ensure all students are given an equal opportunity to play

**Player Behaviour:**

*NOTE: The following points should be discussed with the children. They are non negotiable*

- Play by the rules.
- NEVER argue with an official. If you disagree with a decision have a captain, coach or manager approach the official during a break or after the competition is completed.
- Work equally hard for yourself and for the team. The team’s performance will benefit.
- Be a good sport. Applaud ALL good play, even if it is not your team.
- Treat all players as you would like to be treated.
- Demonstrate our school values.
- Look after and return sports equipment.
- Attend all training sessions.

**Parent Behaviour:**

- Encourage children to participate if they are interested in a chosen sport. Be positive and supportive.
- Focus on the positive efforts of your child as well as the overall effort of team.
- Teach children that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
- Avoid sarcasm and ridicule as they are destructive to the child’s performance and attitude.
- Remember that children are involved in organized sport for their enjoyment.
- Understand that children learn best from good examples.
- Respect the officials/coaches decision. If there is a disagreement, take up with the official after the game in a respectful manner and follow the appropriate procedure in order to question the decision and teach the children to do likewise.
- No coaching / instructions by parents are allowed for the entirety of the game (before/during/after).

**Sports Training / Interschool Sport:**

- Sports training should be held at least once per week by each sports coach.
- This training may occur during lunch time, before or after-school.
- Teachers supervising sports training will be provided with less yard duty during lunch time recess to compensate for these sessions.
- After Sports practice / Interschool sport equipment should be returned to the sports shed by staff.

**Announcement of Teams:**

- Teams are to be displayed on P.E. notice board **no later than 3.00pm Wednesday**.
- Make sure that opposition and venue, are clearly labelled on team sheet.
- Current fixture will be displayed on notice board. Please ensure a copy is displayed in classrooms.
Storage of Sport Match day Equipment / Sports Uniform
- All Gr 5-6 students that participate in sport will be provided with sports uniform
- Sports uniform will be distributed and collected from the PE office at the start and conclusion of the season
- Sport coaches need to keep a record of distribution of sports uniform.
- Specialist sports uniform for football, soccer, cross-country, orienteering and athletics representation will be organised from the PE office.

If students do not return their sports uniform when requested at the end of the season then a reminder letter will be sent. If the sports uniform is still not returned, then a cost of the sports uniform will be charged.
- Teachers can store their match day equipment in classrooms where possible.

Recording Results:
- Scores from matches need to be filled in by no later than 12.00pm on Friday of the game. Folder is located on bench in staffroom.

Sports Reports at Assembly:
- Coaches will encourage use of student notes and good speaking practice.
- Reports are to consist of: which team they represent, who they played, the result, highlights of the game.
- Inter-school Sport: Captains from a particular sport will report on their own game.
- Intra-school Sports: a student to give an overview of the competition that took place on the previous Friday.
- A roster of who which sports are to report at assembly will be provided for each season

Protective Equipment:
- All students who gain selection in Glen Katherine cricket, softball and soccer teams must wear protective equipment required in their particular sport.
- Cricketers must wear a helmet when batting and facing cricket balls, (this includes training). We recommend that where possible students wear their own helmet, as well as their own protectors. The school will provide two helmets per kit (1 kit per ‘Darks’ and ‘Lights’ teams).
- VPSSA / GK policy does not provide for parents to give permission for their child to bat without a helmet. NO HELMET NO BAT!
- All students batting in softball games / training must wear protective helmets. The catcher must wear appropriate catcher’s equipment (helmet, mask, chest plate, shin protectors).
- Students participating in soccer matches should wear protective shin guards.

Mouth guard Recommendation:
• Whilst it is not policy at Glen Katherine to wear a mouth guard during contact sports, it is *highly recommended*. In sports such as basketball, football and soccer, it is *highly recommended* by the school that each child in the team has a protective mouth guard.

• Whilst a student is not expected to have a top range mouth guard, at a minimum expectation they should have a mouth guard that can be moulded in hot water. These can be obtained from a local chemist.

Captains’ Obligations:

• The captain of any “Sports Teams have several responsibilities.

• If the captain of the team is playing at home, it is his/her responsibility to be at the front of the school to meet and greet the visiting team captain, players and coach.

• Upon arrival, the captain leads the visiting team to the venue in which they are playing, showing them where toilets and drink taps are located.

• Prior to commencement of the game, when two teams are lined up, the home captain welcomes the visiting team and tosses the coin.

• At the completion of the game, the captain of both teams *should* be encouraged to conclude the game by giving a brief overview of the game, thank their opponents and give three cheers.

• Each week captains who give sport reports at assembly

**DIAMOND VALLEY DISTRICT SPORT ASSOCIATION RULES**

<table>
<thead>
<tr>
<th>SPORTS AREA</th>
<th>RULING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sports Results</td>
<td>Scores to be emailed through by both schools.</td>
</tr>
<tr>
<td>Volleyball/Basketball/Soccer</td>
<td>Girls and Boys sets/games are to be alternated to ensure equal time.</td>
</tr>
<tr>
<td>District Sport Coaches Meeting</td>
<td>District sport coaches meeting for all sport coaches will be held in early term one and term two to outline rules, venues and expectations for the upcoming seasons.</td>
</tr>
<tr>
<td>District Finals</td>
<td>District finals will be held at the conclusion of each season between 1&lt;sup&gt;st&lt;/sup&gt; vs 2&lt;sup&gt;nd&lt;/sup&gt;, 3&lt;sup&gt;rd&lt;/sup&gt; vs 4&lt;sup&gt;th&lt;/sup&gt; Pennants and ribbons will be presented at the conclusion of each match</td>
</tr>
<tr>
<td>Sport Rules</td>
<td>Teams lined up before match for introductions, local rules and general rules explanation.</td>
</tr>
<tr>
<td></td>
<td>During matches neither teachers nor parents are to coach. Coaching can occur during intervals or time outs</td>
</tr>
<tr>
<td></td>
<td>Coaches should endeavour to change teams that are too strong for the opposition. Reasonable competitiveness expected.</td>
</tr>
<tr>
<td></td>
<td>Local arrangements for umpires Year12 or student teachers OK as long as schools still provide a teacher with the group.</td>
</tr>
<tr>
<td>General sport rules – 2 teams</td>
<td>G.K is required to field two separate teams (‘Lights’ and ‘Darks’). The ability make up of these teams is to be determined by G.K. It is required that the two teams be FINALISED AFTER COMPLETION OF TWO MATCHES.</td>
</tr>
<tr>
<td>Summer and Winter Sport representation of district</td>
<td>Teams on top at the end of Term 1 and Term 2 represents the district in Summer and Winter Sport respectively. If two teams are even – a play-off may be required</td>
</tr>
<tr>
<td>General Sport Rules</td>
<td>All sports and team trials to be held in the morning for Terms 1 &amp; 4 to fit in with the Districts SunSmart Policy. In case of difficulties in any area schools can contact the President who can act as mediator. <strong>In the event of wet / hot weather that may cause the cancellation of Inter School Sport, cancellation for Sport will take place at 8.30 AM by District Sport Coordinator</strong></td>
</tr>
</tbody>
</table>
Glen Katherine Sporting Venues – Summer and Winter

**Summer Sport:**
* Volleyball – Glen Katherine Volleyball Hard-court area
* Cricket – Anthony Beale Reserve
* Rounders – Glen Katherine Oval
* Bat Tennis – Glen Katherine Tennis Court
* Basketball – Glen Katherine Gym

**Winter Sport:**
* Football – Anthony Beale Reserve
* Soccer – St Helena Soccer oval
* Softball – Glen Katherine Oval
* Netball – Glen Katherine Gym

**School Carnivals**
- School Fun Run – Term 1
- School Athletics – Term 2- Meadow glen Athletics Track.
- School Swimming Trials – Term 3 – Doncaster.

**Diamond Valley District Carnivals – Venues**
- DVPSSA Swimming Carnival: Term 1, Venue: Northcote Pool
- DVPSSA Cross Country Carnival: Term 2 Bundoora Park, Plenty Road Bundoora.
- DVPSSA Athletic Carnival: Term 3 Meadow Glen Athletics Track.